

# BioHeme

Iron bisglycinate enhanced with Lactoferrin

## Product Highlights

Enriched with lactoferrin; an iron binding glyco-protein

Convenient one-a-day formula

Low excipient, vegetarian capsule

Gentler to the gastrointestinal tract

Strictly Practitioner Only

## Each BioHeme capsule contains:

Iron (II) glycinate	88.3 mg
equiv. Iron	24 mg
Lactoferrin	100 mg
Ascorbic acid	100 mg

## Product Indications:

- Helps prevent dietary iron deficiency.
- Iron helps in the production of healthy red blood cells, in the formation of haemoglobin, and in oxygen transport within the body
- Vitamin C assists with the absorption and metabolism of iron
- Iron plays an integral role in the production of energy
- Vitamin C is an antioxidant which helps to reduce free radical damage to body cells



**Pack Size:** 30 hard capsules.

**Dosage:** Take 1 capsule daily with water, or as directed by a healthcare practitioner.

**Storage Guide:** Store below 25°C in a cool, dry place. Ensure lid is properly replaced after use.

**Warnings:** Not for the treatment of iron deficiency conditions. Lactoferrin is derived from cow's milk. Vitamin and/or mineral supplements should not replace a balanced diet.

## Often used in conjunction with:

- Natal Care
- BioTress®
- BioActivated B
- BioFem®



BioHeme contains ferrous bisglycinate; a patented form of non-haem iron.