

Thy-Ad Health

Foundational HPA axis and thyroid support



Pack Size: 90 hard capsules.

Directions for Use: Take one capsule, three times daily with water, or as directed by your healthcare practitioner.

Storage Guide: Store below 25°C in a cool, dry place.

Warnings: This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible [Contains Vitamin B6]. Vitamin and/or mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional.

Product Indications:

- Supports a healthy stress response in the body
- Contains Siberian ginseng and withania to support healthy body stress recovery
- With B complex vitamins to support energy production, cognitive function and nervous system health
- Iodine, zinc and selenium to support thyroid hormone production
- Vitamin C and zinc to support healthy immune system function and reduce free radical damage to body cells



**KSM-66
Ashwagandha®**

KSM-66 Ashwagandha®: a clinically trialled, high concentration, full spectrum Ashwagandha root extract.

Product Highlights

Targeted thyroid and HPA axis formulation

Comprehensive herbal and nutritional formula for physiological stress

Low excipient, vegan friendly formula

Split dosing to allow for individual prescribing

Strictly Practitioner Only

Each Thy-Ad Health capsule contains:

<i>Withania somnifera</i> (Withania) root	
ext. dry conc. (KSM-66 Ashwagandha® root extract)	80 mg
from dry root	1 g
<i>Eleutherococcus senticosus</i> (Siberian ginseng) root	
ext. dry conc.	40 mg
from dry root	660 mg
<i>Rehmannia glutinosa</i> (Rehmannia) root	
ext. dry conc.	50 mg
from dry root	300 mg
Tyrosine	200 mg
Potassium iodide	98 micrograms
equiv. Iodine	75 micrograms
equiv. Potassium	23 micrograms
Selenomethionine	100 micrograms
equiv. Selenium	40 micrograms
Zinc citrate dihydrate	9.36 mg
equiv. Zinc	3.01 mg
Calcium pantothenate	74.66 mg
equiv. Pantothenic acid	68.7 mg
Thiamine hydrochloride	11.31 mg
equiv. Thiamine	8.9 mg
Riboflavin	10 mg
Nicotinamide	15 mg
Pyridoxal 5-phosphate monohydrate	15.7 mg
equiv. Pyridoxine	10 mg
Mecobalamin	100 micrograms
Calcium folinate	130.7 micrograms
equiv. Folic acid	100 micrograms
Ascorbic acid	40 mg

Often used in conjunction with:

- Vitamin C range
- BioActivated B
- BioTress®
- BioActivated Magnesium